

Don't miss it. Register TODAY!

Rural Advantage &
Healthy Farms Conference

February 10 & 11, 2012
Lied Lodge & Conference Center
Nebraska City, NE

Profitable and Sustainable
Agricultural Opportunities for Nebraska

The Rural Advantage & Healthy Farms Conference

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Center
Nebraska City, NE



A Joint Conference of UNL Extension & the
Nebraska Sustainable Agriculture Society

UNIVERSITY OF
Nebraska[®]
Lincoln

EXTENSION



Sustaining Your Agricultural Future

Are you looking for new innovative ways to utilize your agricultural products? Do you want to benefit from the many advantages of living, working, and raising a family in the country? Do you need help developing entrepreneurial ideas that can impact the world around you? **Then don't waste another minute!** The Rural Advantage/Healthy Farms Conference provides the perfect opportunity for you to acquire useful information on numerous alternatives to expand your vision and ideas into reality. A variety of interactive educational opportunities are available for adults and youth. You will have the chance to network with experts, university faculty, and fellow agricultural colleagues. This year the three tracks are; Track A, Managing Your Farm; Track B, Crops and Foods; Track C, Farmers Forum. Besides providing informative, educational sessions, the conference has commercial and educational exhibits, silent support auction, live auction and an "All Nebraska Dinner." The All Nebraska Dinner is an exclusive dinner opportunity. The dinner is predominately made with Nebraska-grown products and it presents you with a unique occasion to taste the elements of Nebraska. Please join us for this exciting opportunity!!

Friday, February 10, 2012

8:00 am **REGISTRATION, EXHIBITS OPEN**

8:30 am **Welcome. NSAS Award presentation.**

9:00 am **KEY NOTE SPEAKER:**

Frederick L. Kirschenmann, a longtime national and international leader in sustainable agriculture, shares an appointment as Distinguished Fellow for the Leopold Center for Sustainable Agriculture at Iowa State University and as President of Stone Barns Center for Food and Agriculture in Pocantico Hills, New York. He also oversees management of his family's 3,500-acre certified organic farm in south central North Dakota and is a professor in the ISU Department of Religion and Philosophy.

10:30 am **CONCURRENT SESSION 1**

A. Rhonda McClure

Home Based Marketing Online w/non-tech based Mind

B. Bill Whitney

Native Pollinators

C. Calvin Adamns

Beginning Farmer Mentoring

11:30 pm **LUNCH**

1:00 pm **CONCURRENT SESSION 2**

A. Tim Lemons

Transitioning the Farm

B. Evan Smith

Local Food Distribution

C. Calvin Adams—Keith Harrmoney

Interseeding Legumes in Pastures

2:30 pm **BREAK**

3:00 pm **CONCURRENT SESSION 3**

A. Paul Jasa

Cover Crops

B. Travis Dunekacke

What Chefs Want

C. Steve Moring

Permaculture Principles for Farmers

4:30 pm **ADULT/YOUTH PROGRAMS END**

4:30 pm **EXHIBITS CLOSE**

5:30 pm **LIVE AUCTION**

6:30 pm **ALL NEBRASKA DINNER***

*Cost for the dinner is not included in the general registration. There is an additional \$35 fee per adult and \$14 fee per youth (12 and under) for the All Nebraska Dinner. If you plan to attend the dinner, please note this on the registration form and add the additional fee to your payment.

Saturday, February 11, 2012

8:00 am **REGISTRATION**

8:00 am **COMMERCIAL & EDUCATIONAL EXHIBITS OPEN**

8:00 am **SILENT AUCTION BEGINS**

9:00 am **CONCURRENT SESSION 5**

A. John Hansen

Nebraska Agriculture Issues & Challenges

B. Karen Runkle

How we got started

C. Cathy & Patricia Hanus

Aronia Berries

10:00 am **CONCURRENT SESSION 6**

A. Virginia Wolking

2012 Farm Bill

B. Stacey Adams

Heating the High Tunnel

C. Joe Gaylord

Aquaculture

12:00 pm Lunch; **CAP NOTE SPEAKER**
Tom Field of the Engler Agribusiness Entrepreneurship Program,
<http://casnr.unl.edu/engler>

1:00 pm **CONCURRENT SESSION 7**
 A. Common Good Farm
Managing a CSA
 B. Laurie Hodges
High Tunnels for Season Extension
 C. Eric Fuchs
High Density Grazing

2:00 pm **BREAK**
 2:30 pm **SILENT AUCTION ENDS**
 2:30 pm **CONCURRENT SESSION 8**
 A. Paul Rohrbaugh
What we have learned
 B. Liz Sarno
UNL Organic & On-farm Research
 C. Curtis Millsap
Extending the Vegetable Growing Season with Hoops
 3:30 pm **PROGRAMS END**
 4:00 pm **COMMERCIAL & EDUCATIONAL EXHIBITS CLOSE**
 3:45 pm **SEE YOU NEXT YEAR**
IN OMAHA!!

YOUTH PROGRAMS

**** To register your children for specific sessions/adventures please call Bev at the Nemaha County Extension Office at 402-274-4755 by January 31, 2012. It is essential that you identify which children will be at which events so an accurate head count can be obtained for ALL sessions.**

Friday, February 10, 2012

9:00 - 10:15am. Jennie Holt, Youth Program Coordinator at Community of CROPS: Learn the history of root vegetables and how they originated in America (hands-on workshop)
10:30 - 11:30am. Kristyn Harms, Vocational Ag and FFA teacher at Norris School District and FFA students: Learn about greenhouse experiences with the Farm2School program.

Lunch

1:30 - 2:30pm. Stephen and Elizabeth Thiltges, SARE Youth Grant Recipients: Learn about their meat duck and pasture poultry operation.
3:00 - 4:00pm. Sherri Clark, Membership and Outreach Manager at Open Harvest Cooperative Grocery: Learn about how food fuels your body (hands-on workshop)

Tree Adventure Activities

8:30 - 9:30am. Adventure 1: Fuel Wood Energy Tour—Visit the Fuel wood energy plant and learn about how heating and cooling happens.
1:00 - 3:00pm. Adventure 2: Tree Adventure—Tour the Greenhouse, information center, trails, and more (a 2-hour tour time).
 4:00 pm **ADULT/YOUTH PROGRAMS END**

Saturday, February 11, 2012

9:00 - 10:00am. Sherri Clark, Membership & Outreach Manager at Open Harvest Cooperative: Learn how to plant an indoor herb garden (hands-on workshop).
10:30 - 11:30am. Marion Ellis, UNL Professor of Entomology: Learn about the importance of pollinators and their habitats.

Lunch

1:15 - 2:15pm. Nancy Williams, Organizer of “No More Empty Pots”: Learn about the Urban Food Youth Entrepreneurship Project in Omaha.
2:45 - 3:45pm. Jennie Holt, Youth Program Coordinator at Community CROPS: Learn to cook stovetop pizza made with local, healthy foods (hands-on workshop).

Tree Adventure Activities

9:00 - 10:00am. Tree Sleuth—learn to classify trees and identify them by their leaf shape and structure, seeds, fruit, and leaves. Take home a tree identification guide.
10:30 - 11:30am. Nature Scavenger Hunt—identify wildlife habitats and tracks. Identify textures and shapes found in nature. (a 1-hour tour time).
12:45 - 2:45pm. Part 2: Tree Adventure—Tour the Greenhouse, information center, second half of trails not explored on Friday, and more (a 2-hour tour time).
 3:45 pm **ADULT/YOUTH PROGRAMS END**

Please remember to call Bev and let her know which sessions/adventures your children would like to participate in!! Please also let Bev know if you will need childcare and if there are any food allergies.

For complete details on the conference please visit,

<http://nebsusag.org/conference.shtml>

Lodging Information

A block of rooms are reserved under Rural Advantage/Healthy Farms Conference at the following hotel until January 20th, 2012.

Lied Lodge & Conference Center
 2700 Sylvan Road. Nebraska City, NE.

800-546-5433

Rate: \$89.00+tax/night, single
 \$99.00+tax/night, double

Registration Information

Your registration fee includes 2 lunches, breaks, and an information packet. To attend the two-day conference the fee is \$80 if registered before January 29, 2012. If you register after January 29, 2012, the fee is \$90. Additional adult family members can attend for \$70 per person and additional youth family members (full-time student or youth) for \$40 person. However, the family will only receive one information packet. One-day attendance is \$50 per person and includes one lunch, breaks, and an information packet. The All Nebraska Dinner is a fundraiser for NSAS and is an additional fee (see registration form).

You may register by mail by sending the attached registration form to Gary Lesoing (address on the bottom of registration form).

NSAS Annual Membership - \$35

Make payable to NSAS at the door or may be mailed to:
 William Powers
 414 County Road 15
 Ceresco, NE. 68017

A Joint Conference of UNL Extension & the Nebraska Sustainable Agriculture Society

Conference Location:

**Lied Lodge & Conference Center
 2700 Sylvan Road
 Nebraska City, NE 68601**

Questions:

**Gary Lesoing, UNL Extension
 Phone: 402-274-4755**

University of Nebraska-Lincoln Extension educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.

Registration

The Rural Advantage & Healthy Farms Conference
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 Lied Lodge & Conference Center
 Nebraska City, NE

Name(s): _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____

Email: _____

Employer/Business: _____

Two Day Workshop

Registration by 1-29-2012 (\$80) _____

Registration after 1-29-2012 (\$90) _____

Additional family members:

Number of Adults (\$70/person) _____

Number of Youth* (\$40/person) _____

(Family Rates available see below)

Attending Friday Only (\$50/person) _____

Attending Saturday Only (\$50/person) _____

Student/Youth Rate* (\$40) _____

(one or both days)

Single Session (\$15/person/session) _____

All Nebraska Dinner (Friday Night)

Adults (\$35/person) _____

Youth 12 and under (\$14/youth) _____

(Family Rates available see below)

TOTAL \$_____

Send Registration to:

Gary Lesoing
 Nemaha County Extension Office
 1824 North Street, Suite 102
 Auburn, Nebraska 68305-2395

Payable to: University of Nebraska-Lincoln

Family Registration/Rates are available for both the conference and dinner. For rates and to register contact William at healthy-farms@gmail.com or call 402.525.7794