

# sustaiNE

## The Introductions

Welcome to the very first issue of **sustaiNE**, the captivating and entertaining E-newsletter for *thee Nebraska Sustainable Agriculture Society!* Here you will find the latest updates from your favorite farmers and favorite local food consumers, favorite Nebraska foods and products, and interesting events happening in the area with sustainable family farms!! **sustaiNE** will be released on monthly bases to compliment the regular Bi-monthly newsletter of NSAS.



This cow supports NSAS. Do you?

## Social Media You Can Use

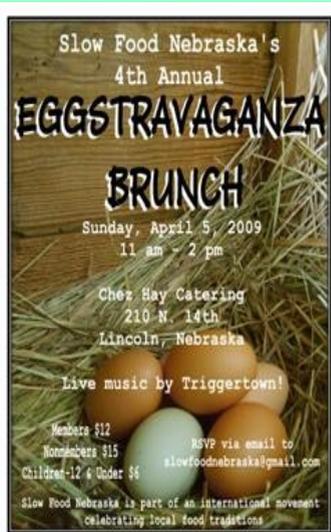
The feature this month is Facebook.

Facebook helps you connect and share with people on a much larger scale to connect across borders on issues that matter. The NSAS page on Facebook seeks to connect interested farmers, consumer, advocates, and anyone else interested in promoting healthy land and people. The [NSAS Facebook](#) page also allows discussion of various topics, opportunities, as well as networking with a wide range of forums, interactive events and ideas. Visit [NSAS Facebook](#) today!!

## Newsletter Spotlight

- Slow Food Nebraska
- The Nebraska Food Coop
- Social Media You Can Use
- Support NSAS Online
- Become a Member today (Or renew if your membership has expired!)
- Bi-Monthly Newsletter Highlights

## Slow Food Nebraska!



Slow Food Nebraska is an awesome group! The best part about attending all the cool functions are the people that I have met. I may not know their names, (or remember them) but we still talk as if we are old friends. Another great thing that draws me to Slow Food Nebraska was the idea and the thought of recognizing where your food comes from and appreciating that connection of farm(er) to food. Our family farms in Nebraska produce fantastic food that is both healthy and tasty, and Slow Food Nebraska seeks to bridge the gap in this disconnect! An event coming up for Slow Food Nebraska is the Eggstravaganza Brunch. This year it will be on April 5th at Chez Hay Catering from 11:00am—2:00pm.

## Looking to Contribute!!

Looking for ways to be involved in NSAS. Consider contributing your typing skills, adding a computer, combining that with a sustainable agriculture topic that you are interested in and than send it to NSAS. If you want you can even take a picture of this and we will include it in **sustaiNE** or even in the more prestigious Bi-Monthly newsletter that is a staple of NSAS!!

## Interesting Information you might already know!!

In 2006, U.S. carbon dioxide emissions from fossil fuel combustion were estimated at nearly 6.5 billion tons. If 7000 lb/CO<sub>2</sub>/ac/year sequestration rate was achieved on all 434 million acres of cropland in the United States, nearly 1.6 billion tons of carbon dioxide would be sequestered per year, mitigating close to one quarter of the country's total fossil fuel emissions.

Read the entire article at: [www.rodaleinstitute.org](http://www.rodaleinstitute.org)  
Keyword: Regenerative Organic Farming

## Upcoming Events

- Tuesday, March 10th, 2009. Webinar on Poultry Processing Exemptions 2:30 to 4 p.m. EST (11:30 to 1 p.m. PST)  
<http://connect.extension.iastate.edu/nichemeat/>  
Confusion abounds around these exemptions, by producers, processors, and regulators. Recognizing that states have the ability to individually modify these regulations, on this webinar we'll attempt to clear up some confusion by offering both an FSIS and a state perspective. Additionally two exempt processors will overview their operations. There will be ample time for questions
- Sustainability Happy Hour:
  - Lincoln Chapter: March 27th beginning at 4:30pm, location to be determined. Call or send an email to William at [healthyfarms@gmail.com](mailto:healthyfarms@gmail.com) or 402-525-7794
  - Interested in a Sustainability Happy Hour in your area. Simple, send an email to your friends and anyone interested in sustainable agriculture. Be sure to include a time, a place and as always remember to support your local businesses, farmers, and hangouts!!

## Bi-Monthly Newsletter Highlights

- New Section: "From the Vault" The year was 1997 and the title was "Beekeeping Benefits."
- The Nebraska Food Coop, then and now!
- "Virgin Prairie: A disappearing but important resource" by NSAS Board Member and Farmer, Chris Rohrbaugh.
- A report from the NSAS executive director, William Powers.
- And many more!!! Be on the lookout for it!

The NSAS Bi-Monthly Newsletter is distributed to all members of NSAS, if you are not interested one and would like to, [join NSAS today!!](#) Contact NSAS at [healthyfarms@gmail.com](mailto:healthyfarms@gmail.com) to learn about member benefits and discounts!

